

Tending Our Ancestors

Cecile Carson, MD

Rochester, NY

July 14 - 15, 2018



*“Transforming the growing mountain of unresolved ancestral issues is one of the shamanic challenges of our time.” —
Christina Pratt*

This workshop will focus on deepening our connection to our Ancestors, who influence our lives through the strengths and burdens of the lineage we inherit.

We will journey to find specific Ancestral allies and learn how to clear our ancestral weights and wounds.

We will draw on cultural traditions such as Mayan and Dagara that have heartfelt Ancestor connections, learn altar-building and ceremonies to honor them, and begin personal traditions to bring through to our descendants.

The workshop will run from 9-5 on both Saturday and Sunday. Please bring a drum or rattle, if you have one, and photos or objects of deceased loved ones. Wear comfortable clothing and bring an eye cover, a blanket, a pen and notebook.

Prerequisite: prior training in how to do a shamanic journey

Cecile Carson is an experienced teacher and shamanic worker for the past 25 years who has integrated shamanic principles into her Western medical practice. She has had extensive training through the Foundation for Shamanic Studies and has studied in Romani (gypsy) and Celtic traditions as well. She is past Founding Board member of the Society of Shamanic Practice and is editor of *Spirited Medicine: Shamanism In Contemporary Healthcare*.

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TUITION: \$225 (a \$75 non-refundable deposit is required to hold your space in the group)

REGISTRATION:

Name & Address _____

Phone & email _____