

INTRODUCTION TO SHAMANISM

a workshop with **Cecile Carson, M.D.**

Honeoye, New York October 23-24, 2010

Shamanism is the most ancient path of direct revelation; its practice is at least 20,000 years old. In this workshop, you will be introduced to the shamanic journey, a form of shifting consciousness that allows you to move from ordinary reality to “non-ordinary reality” -- a dimension in which everything is alive and has spirit. It is one of the most remarkable visionary methods used by humans to explore the hidden universe known mostly through myth and dreams. Aided by drums, rattles, and ceremony, participants will be initiated into journeying to help restore spiritual power and health.



In addition, the two-day workshop will introduce several forms of shamanic divination and shamanic healing, as well as practical applications of this ancient form to contemporary life to benefit oneself, others, and the planet.

The workshop will run from 9-5 on both Saturday and Sunday. Please bring a drum or rattle if you have one. Wear comfortable clothing, and bring an eye cover, a blanket, and a pen and notebook to record your journeys.

Cecile Carson is an experienced teacher and shamanic worker for the past 24 years who has integrated shamanic principles into her Western medical practice. She has had extensive training through the Foundation for Shamanic Studies and has studied in Romani (gypsy) and Celtic traditions as well. She is also on the Board of Directors for the Society for Shamanic Practitioners, an international organization of individuals deeply committed to using shamanic skills to heal the spiritual aspects of illness in people, communities, business, and the environment.

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FEE: \$215 for the training

REGISTRATION: (a \$50 non-refundable deposit is required to hold your space in the group)

Name _____

Address _____

Phone & email address _____

