

Personal Retreats



“Nowadays, the measure of a person’s wealth is the measure of his/her privacy.”

The meditation cabin at High Pond Retreat Center is designed to be a welcome immersion into solitude. Whether for one, two, or three days or more, the tiny 8X12’ cabin allows one to break away from the pace of life, from cell phones, even from electricity, to have extended quiet time alone. It consists of a futon/bed, an altar, a kerosene lamp. There is no electricity. Access to a bathroom/shower and a kitchenette is down the driveway in the main house. There is full access to all the trails, pond, and wildlife that the 23 acre site provides. You will be undisturbed, unless you choose a 1:1 spiritual guidance session as part of your personal retreat.

This is a seasonal offering, and is available from mid April to early November. Fee for the use of the cabin is \$50 per day. A 1:1 session with Cecile Carson is an additional \$100 per session and runs about 1 1/2 hour. One simple meal per day is also available for \$15 per meal.

Please call 585-271-5650 if you would like to arrange a time for your retreat.